

Session 1: Boxes

Preparations

Printed these notes

You will be writing on them, then scanning parts as homework.

Smartphone

To look up information

Computer

To follow instructions

Post-it notes

Act as "thought catchers" for questions that come up.

1

What You Will Learn

Table A

What do you think you can get out of this course?

Separate the chemistry-related, and the not chemistry-related.

Jot down keywords / phrases as you think of them. Do not try to be perfect.

Chemistry

Non-chemistry

Chemistry	Non-chemistry

Table B

Re-write Table A, sorting these expectations by priority to you.
If you want you can create your own headings.

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2

Organizing Google Drive

- Signed into Google Drive with LPC email
Otherwise your organization goes... somewhere?
- Create folders for your College life
Make sure to roll open the arrows to create the sub-folders too.
- Going into the chem folder under "Shared with Me",
Drag it into *your* chem folder.
This enables search indexing as well as offline synchronizing to your computer.
- Do some searching, and use the Answer Boxes to check if you are correct!
There is a Hint tab!
- Install Google Drive File Stream to synchronize what you need with the local harddisk.

3

Google Sheets Setup & UI



- Open the Google Sheet
- Make a Copy for your own use. Save it in appropriate location.
File -> Make a Copy
- Look for the 6 items and check your answer.

Homework

- Complete the form.
You will need about 25 minutes.
Sign in with your LPCUWC email address.

Box in 2D

Box in 3D

Reflections

Questions, comments, and feelings you have at this point. Anything particularly sticks with you?
It is very hard to remember things that was 45 minutes ago. I encourage you to scribble things here,
or use sticky notes (Post-Its) if you think you might wish to re-arrange them.

Session 2: Time

Preparations

Smartphone

You will find a timer that helps you try the Pomodoro Method.

Additional 2-3 sheets A4

You may wish to do additional calculations.

Computer

Google Calendars are much easier to access on a laptop.

Post-it notes

Act as "thought catchers" for questions that come up.

1

Using Google Calendars

Signed into Google Drive with LPC email

Otherwise your calendars goes... somewhere?

Click on each of the 13 links to add them.

Toggle off your free class.

Change the colors to your liking.

Explore the four views

Day, Week, Month, Schedule

Find out how many block D slots are there in your Y1.

...and enter this into the AnswerBox to check if you are correct.

Create the Pomodoro event.

Make sure it is in your personal calendar.

2

The Pomodoro Method

Move the Pomodoro 1 event.

Any time that you would be free for 1 hour. We will have two blocks of

Rename the Pomodoro 1 event.

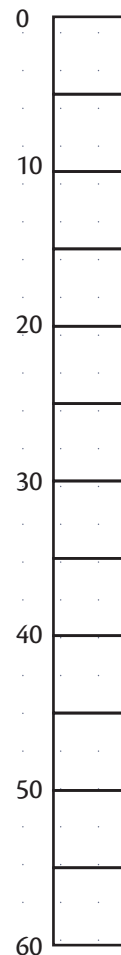
Add a Pomodoro 2 after Pomodoro 1.

Visualize the work-rest cycle on the right.

Use colors if you need.

Install a timer on your phone that supports the Pomodoro method.

Use colors if you need.



5

Google Sheets: Formula



Follow the instructions to create your own Answer Checker.

Then use it to check your answers from earlier.



Extend this to work with all unit combinations.

This is a difficult, optional activity.

Homework



Watch video about physical organization

What you see represents about 7 hours per week of consistent work. It's easy to do it for a week or two, but hard to keep up for two years like what Audrey and Steph did.

Imagine all these paper all shuffled in your corner!



Go do some stationary shopping

...check what you get with the College.

Reflections

3

Good habits with Units

Use the space in between to show working.

$$\boxed{10} \boxed{\text{MIN}} = \boxed{} \text{sec} \quad \boxed{} \boxed{} = \boxed{} \text{sec}$$

$$\boxed{} \boxed{} = \boxed{} \text{sec} \quad \boxed{} \boxed{} = \boxed{} \text{sec}$$

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4

SI Units and Scientific Notation

Use the space in between to show working. Try some with scientific notation, and some as decimal numbers.

$$\boxed{10} \boxed{\text{ms}} = \boxed{} \text{sec} \quad \boxed{} \boxed{} = \boxed{} \text{sec}$$

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Session 3: Colors

Preparations

Small notebook

This will be your TODO list.

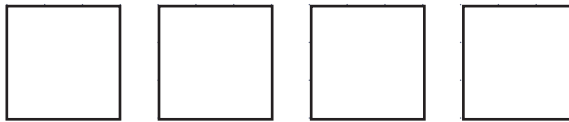
Computer

Google Sheets conditional formatting can't be done on some phones.

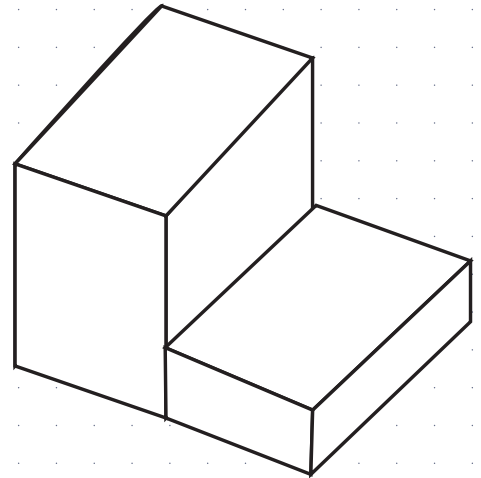
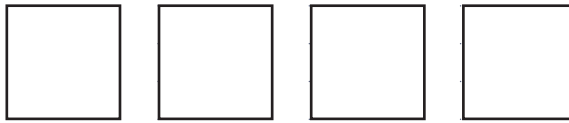
Red & Green pens

1 Using Colors

Hatching



Stippling



2 Google Sheets: Conditional Formatting

Make a Copy of the grades Google Sheet.

You can't edit the original!

Use conditional formatting to visualize the grades

Choose appropriate colors.

What should you do with the missing data?

Identify who had unusual performances

3 Expert TODO List

Use the following space for your homework TODO list.

Homework

Hand in on ManageBac

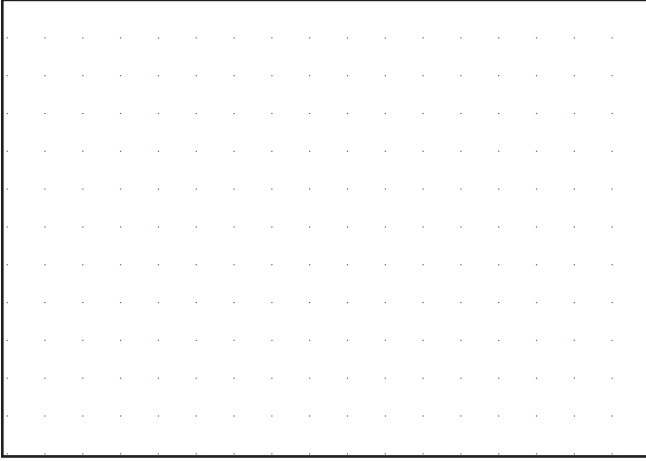
Before Sunday

Rainfall analysis

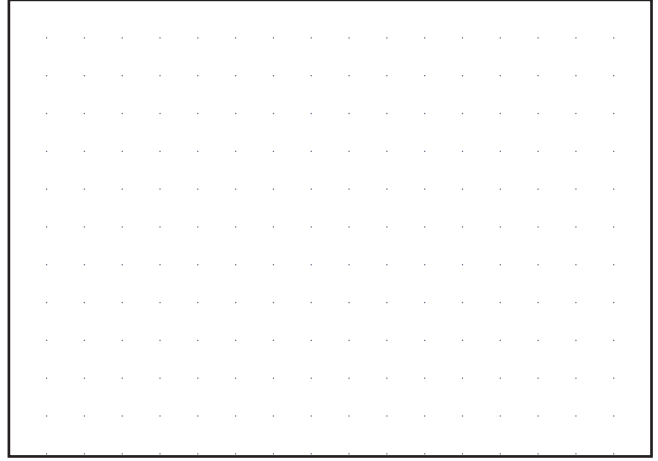
Use your own TODO list!

Draw Pomodoro Timers

Find images online.



in 2D



in 3D

Reflections